

South Tippah School District

SOUTH TIPPAAH L MENU March 1st-29th 2019

Feb 26, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 BBQ Rib Sandwich Chicken Nuggets Yeast Roll Creamy Coleslaw Tater Tots Applesauce Pineapple Tidbits Ketchup Variety of Dipping Sauc Chocolate Milk Fat Free Milk
Mar - 4 Mandarin Chicken Stir Fried Rice MANAGER' S CHOICE Whole Kernel Corn Steamed Fresh Broccoli Fresh Fruit Cup Fresh Bananas Chocolate Milk Fat Free Milk Yeast Roll	Mar - 5 Hamburger w/ Trimmings MANAGER' S CHOICE Seasoned Potato Wedges Fresh Apples Chilled Diced Pears Trimmings Mayonnaise Ketchup Mustard, PC, MS1538 Chocolate Milk Fat Free Milk	Mar - 6 Chef Salad MANAGER' S CHOICE Mixed Vegetables MAC N CHEESE Fresh Fruit Cup Fresh Oranges Assorted Salad Dressing Saltine Crackers Chocolate Milk Fat Free Milk	Mar - 7 John Wayne Casserole MANAGER' S CHOICE Mashed Potatoes with Cheese Green Peas Chilled Peach Slices Yeast Roll Chocolate Milk Fat Free Milk	Mar - 8 Fish Sandwich MANAGER' S CHOICE Baked Beans Creamy Coleslaw Fresh Fruit Cup Ketchup Tartar Sauce Chocolate Milk Fat Free Milk
Mar - 11 SPRING BREAK	Mar - 12	Mar - 13 SPRING BREAK	Mar - 14	Mar - 15 SPRING BREAK
Mar - 18 Stuffed Crust Pizza Chicken Salad w/Cracker Oven Baked Potato Wedge Pasta with Italian Red Sauce Baby Carrots Fresh Bananas Chilled Peach Slices Ketchup Saltine Crackers Chocolate Milk Fat Free Milk	Mar - 19 Stromboli Supreme Hot Dog MAC N CHEESE Confetti Coleslaw Fresh Fruit Bowl Chilled Diced Pears Mustard, PC, MS1538 Chocolate Milk Fat Free Milk Mayonnaise Ketchup	Mar - 20 Sliced Turkey with Grav Yeast Roll BBQ Rib Sandwich Peas and Carrots Mashed Potatoes Fresh Fruit Cup Fresh Apples Trimmings Chocolate Milk Fat Free Milk Sugar Cookie	Mar - 21 Boneless Buffalo Chick Chunks Country Fried Steak Sandwich Whole Kernel Corn Broccoli Salad Fresh Fruit Cup Trimmings Flavored Raisins Ranch Salad Dressing MUSTARD, MAYO, KETCHUP Chocolate Milk Fat Free Milk Whole Wheat Garlic Toas	Mar - 22 BBQ Pulled Pork Burger MANAGER' S CHOICE Baked Beans Confetti Coleslaw Fresh Apples Fresh Fruit Cup Mustard, PC, MS1538 Mayonnaise Chocolate Milk Fat Free Milk

NA - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

South Tippah School District

SOUTH TIPPAH L MENU

Feb 26, 2019

March 1st-29th 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 25	Mar - 26	Mar - 27	Mar - 28	Mar - 29
Spaghetti & Meat Sauce Fish Melt Whole Kernel Corn Confetti Coleslaw Fresh Fruit Cup Fresh Oranges Yeast Roll Tartar Sauce Ketchup Chocolate Milk Fat Free Milk	Grilled Chicken Salad Sausage Pizza Mixed Vegetables Tossed Salad w/ Dressin Fresh Bananas Fresh Fruit Cup Assorted Salad Dressing Saltine Crackers Chocolate Milk Fat Free Milk	Hamburger w/ Trimmings Hot Dog Baked Ranch Fries Creamy Coleslaw Fresh Fruit Bowl Chilled Diced Pears Trimnings Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Saltine Crackers	Steak Fingers Yeast Roll Beef & Bean Burrito Mashed Potatoes Green Peas Fresh Fruit Cup Fresh Fruit Bowl Taco Sauce Salsa Chocolate Milk Fat Free Milk	Grilled Chicken Sandwic MANAGER' S CHOICE Whole Kernel Corn Glazed Carrots Fresh Fruit Cup Fresh Fruit Bowl Trimnings Mayonnaise Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for poor civil rights activity.
All menus are subject to change according to product availability.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.