

South Tippah School District

SOUTH TIPPAH LUNCH MENU

January 1st-31st, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 Sausage Pizza Hot Dog Whole Kernel Corn Confetti Coleslaw Chilled Peach Slices Fresh Fruit Bowl Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Oatmeal Raisin Cookie	Jan - 4 BBQ Pulled Pork Burger Hamburger w/ Trimmings Crinkle Cut Fries Baked Beans Confetti Coleslaw Trimmings Fresh Fruit Cup Fresh Fruit Bowl Mustard, PC, MS1538 Mayonnaise Ketchup Chocolate Milk Fat Free Milk
Jan - 7 Pepperoni Pizza Wedge Tuna Salad with Cracker POTATO WEDGES Tossed Salad w/ Dressin Raw Veggies with Dip Fresh Bananas Chilled Peach Slices Saltine Crackers Ketchup Chocolate Milk Fat Free Milk	Jan - 8 Vegetable Soup Corn Dog Macaroni and Cheese Tossed Salad w/ Dressin Fresh Fruit Cup Chilled Diced Pears Assorted Salad Dressing Mustard, PC, MS1538 Ketchup Cornbread Chocolate Milk Fat Free Milk String Cheese	Jan - 9 Seasoned Baked Chicken Yeast Roll BBQ Rib Sandwich Mashed Potatoes Green Peas Fresh Fruit Cup Fresh Apples Chocolate Milk Fat Free Milk	Jan - 10 Red Beans and Rice with Sausage Country Fried Steak Sandwich Whole Kernel Corn Broccoli Salad Trimmings Fresh Fruit Cup Flavored Raisins Mayonnaise Ketchup Chocolate Milk Fat Free Milk Chocolate Chip Cookie	Jan - 11 BBQ NACHOS, CPS Fish Sandwich Baked Beans Crispy Sweet Potato Cubes Creamy Coleslaw Fresh Apples Fresh Fruit Cup Tartar Sauce Ketchup Chocolate Milk Fat Free Milk
Jan - 14 Spaghetti & Meat Sauce Yeast Roll Hot Dog Whole Kernel Corn Creamy Coleslaw Fresh Fruit Cup Fresh Oranges Mustard, PC, MS1538 Mayonnaise Ketchup Chocolate Milk Fat Free Milk Sugar Cookie	Jan - 15 Taco Soup TOSTITOS BAKED SCOOPS Chicken Patty Sandwich Pasta with Italian Red Sauce Tossed Salad w/ Dressin Fresh Bananas Fresh Fruit Bowl Mustard, PC, MS1538 Ketchup Mayonnaise Trimmings Saltine Crackers Chocolate Milk Fat Free Milk Strawberry Milk	Jan - 16 Macaroni & Cheese with Ham Slice Sausage Pizza Pinto Beans Confetti Coleslaw Fresh Fruit Bowl PEARS, DICED Cornbread Chocolate Milk Fat Free Milk Strawberry Milk	Jan - 17 Cheesy Chicken Over/Ric Bean Burrito Mashed Potatoes Green Peas Banana Berry Blend Fresh Fruit Cup Salsa Yeast Roll Taco Sauce Chocolate Milk Fat Free Milk Strawberry Milk Saltine Crackers	Jan - 18 Hamburger w/ Trimmings Country Fried Steak Sandwich POTATO WEDGES Glazed Carrots PEACHES, SLICED Sliced Apples and Grape Mayonnaise Mustard, PC, MS1538 Ketchup Trimmings Chocolate Milk Fat Free Milk Strawberry Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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SOUTH TIPPAH LUNCH MENU

January 1st-31st, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 21 NO SCHOOL TODAY	Jan - 22 Sausage Pizza Hamburger w/ Trimmings Spicy Fries Baby Carrots PEACHES, SLICED Flavored Raisins Mustard, PC, MS1538 Mayonnaise Ketchup Trimmings Chocolate Milk Fat Free Milk Strawberry Milk	Jan - 23 Chicken and Dumplings Hot Dog Pinto Beans Confetti Coleslaw PEARS, DICED Fresh Fruit Cup Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk	Jan - 24 Vegetable Beef Soup Cheesy Breadsticks Corn Dog Nuggets Macaroni and Cheese Tossed Salad w/ Dressin Baby Carrots Fresh Apples Chilled Mandarin Oranges Mustard, PC, MS1538 Ketchup Saltine Crackers Chocolate Milk Fat Free Milk Strawberry Milk	Jan - 25 BBQ Rib Sandwich Fish Melt Creamy Coleslaw Tater Tots Applesauce Pineapple Tidbits Ketchup Tartar Sauce Chocolate Milk Fat Free Milk Strawberry Milk
Jan - 28 Beef-A-Roni Yeast Roll Chicken Salad w/Cracker Whole Kernel Corn Tossed Salad w/ Dressin Baby Carrots Fresh Bananas Chilled Peach Slices Saltine Crackers Chocolate Milk Fat Free Milk Strawberry Milk	Jan - 29 Corn Dog Red Beans and Rice with Sausage Green Beans Raw Veggies with Dip Applesauce Flavored Raisins Assorted Salad Dressing Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Saltine Crackers	Jan - 30 Chicken Nuggets Yeast Roll Hot Dog Mashed Potatoes Green Peas Confetti Coleslaw Pineapple Tidbits Fresh Apples Mustard, PC, MS1538 Ketchup Variety of Dipping Sauc Chocolate Milk Fat Free Milk Strawberry Milk Sugar Cookie	Jan - 31 Taco Soup TOSTITOS BAKED SCOOPS Stuffed Crust Pizza Pasta with Italian Red Sauce Raw Veggies with Dip Tossed Salad w/ Dressin Chilled Mandarin Oranges PEARS, DICED Sour Cream Saltine Crackers Chocolate Milk Fat Free Milk Strawberry Milk	

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for poor civil rights activity.
 All menus are subject to change according to product availability.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

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