

South Tippah School District

SOUTH TIPPAH L MENU February 1st-28th, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 Hamburger w/ Trimmings Chicken Quesadillas Seasoned Potato Wedges Glazed Carrots Fresh Fruit Cup Fresh Fruit Bowl Trimmings Mustard, PC, MS1538 Mayonnaise Ketchup Taco Sauce Salsa Chocolate Milk Fat Free Milk Strawberry Milk
Feb - 4 Stuffed Crust Pizza Mandarin Chicken Stir Fried Rice Whole Wheat Garlic Toas Whole Kernel Corn Steamed Broccoli Spears Fresh Fruit Cup Fresh Bananas Chocolate Milk Fat Free Milk	Feb - 5 Hamburger w/ Trimmings Chicken Quesadillas Seasoned Potato Wedges Trimmings Confetti Coleslaw Fresh Apples Chilled Diced Pears Salsa Sour Cream Taco Sauce Mustard, PC, MS1538 Ketchup Mayonnaise Chocolate Milk Fat Free Milk Oatmeal Raisin Cookie	Feb - 6 Chicken Spaghetti Beef & Bean Burrito Green Beans Tossed Salad w/ Dressin Fresh Fruit Cup Fresh Oranges Assorted Salad Dressing Taco Sauce Hot Sauce Salsa Chocolate Milk Fat Free Milk Yeast Roll	Feb - 7 Sliced Turkey with Grav Yeast Roll Cheesy Breadsticks Mashed Potatoes with Cheese Green Peas Chilled Peach Slices Fresh Apples Marinara Sauce Chocolate Milk Fat Free Milk Strawberry Milk	Feb - 8 BBQ NACHOS, CPS Grilled Chicken Sandwic Pinto Beans Raw Veggies with Dip Trimmings Fresh Fruit Bowl Fresh Fruit Cup Mayonnaise Mustard, PC, MS1538 Ketchup Ranch Salad Dressing Chocolate Milk Fat Free Milk
Feb - 11 Pepperoni Pizza Wedge Tuna Salad with Cracker POTATO WEDGES Raw Veggies with Dip Fresh Bananas PEACHES, SLICED Assorted Salad Dressing Ketchup Chocolate Milk Fat Free Milk Strawberry Milk Saltine Crackers	Feb - 12 Vegetable Beef Soup Corn Dog Nuggets MAC N CHEESE Tossed Salad w/ Dressin Chilled Diced Pears Fresh Fruit Bowl Cornbread Saltine Crackers Mustard, PC, MS1538 Ketchup Assorted Salad Dressing Chocolate Milk Fat Free Milk	Feb - 13 Beef Tips over Noodles BBQ Rib Sandwich Yeast Roll Peas and Carrots Au Gratin Potatoes Fresh Fruit Cup Fresh Apples Chocolate Milk Fat Free Milk	Feb - 14 Hamburger Pie with Tate Tots Yeast Roll Country Fried Steak Sandwich Whole Kernel Corn Broccoli Salad Flavored Raisins Fresh Fruit Cup Trimmings Mayonnaise Ketchup Chocolate Milk Fat Free Milk	Feb - 15 Chicken Nachos GRILLED HAM & CHEESE Baked Beans Confetti Coleslaw Fresh Apples Fresh Fruit Cup Trimmings Mustard, PC, MS1538 Mayonnaise Ketchup Chocolate Milk Fat Free Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

South Tippah School District

SOUTH TIPPAH L MENU February 1st-28th, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 18 NO SCHOOL TODAY	Feb - 19 Taco Soup Grilled Chicken Sandwic TOSTITOS BAKED SCOOPS Pasta with Italian Red Sauce Green Beans with Potatoes Fresh Bananas Fresh Fruit Cup Trimmings Sour Cream Mustard, PC, MS1538 Mayonnaise Ketchup Chocolate Milk Fat Free Milk	Feb - 20 Macaroni & Cheese with Ham Slice Sausage Pizza Pinto Beans Cornbread Creamy Coleslaw Fresh Fruit Bowl Chilled Diced Pears Chocolate Milk Fat Free Milk	Feb - 21 Sliced Turkey with Grav Beef & Bean Burrito Yeast Roll Mashed Potatoes Cheesy Broccoli Banana Berry Blend Fresh Fruit Cup Taco Sauce Salsa Trimmings Chocolate Milk Fat Free Milk	Feb - 22 Hamburger w/ Trimmings Chicken Fajitas Spanish Rice Oven Baked Potato Wedge Glazed Carrots Trimmings Fresh Fruit Cup Fresh Fruit Bowl Salsa Taco Sauce Sour Cream Mustard, PC, MS1538 Ketchup Mayonnaise Chocolate Milk Fat Free Milk
Feb - 25 Beef-A-Roni Yeast Roll Chicken Salad w/Cracker Whole Kernel Corn Tossed Salad w/ Dressin Fresh Bananas PEACHES, SLICED Saltine Crackers Chocolate Milk Fat Free Milk	Feb - 26 Sausage Pizza Cheeseburger Spicy Fries Baby Carrots Fresh Fruit Cup Flavored Raisins Trimmings Mustard, PC, MS1538 Ketchup Mayonnaise Chocolate Milk Fat Free Milk	Feb - 27 Chicken and Dumplings Cornbread Hot Dog Pinto Beans Creamy Coleslaw Chilled Diced Pears Fresh Oranges Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk Choclote Chip Cookie	Feb - 28 Stromboli Supreme Corn Dog Nuggets MAC N CHEESE Green Peas Fresh Apples Chilled Mandarin Oranges Mustard, PC, MS1538 Ketchup Chocolate Milk Fat Free Milk	

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for poor civil rights activity.

All menus are subject to change according to product availability.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.